

Parental Consent for Minor Donors (16-year-old)

Present this consent form at the time of donation

To Be Completed by Parent: Please complete in ink

Thank you for providing your consent for your child to donate blood. We must collect over 115 pints of blood each day to support patients in need. High School students donate a significant amount of units each year, making a lifesaving difference for thousands of people.

Name of Minor:

Home Address:

IMPORTANT DONATION INFORMATION

Donating blood is a safe and simple process. However, I understand that on rare occasions, temporary medical complications may be associated with donating blood, including bruising, dizziness, fainting, nausea, and even more rarely, infection or nerve injury. It is important for donors to follow the post-donation instructions provided by blood center staff in order to help manage or avoid developing complications after the donation is completed. For additional information please call us at 661-843-8181, Toll free at 877-364-5844 or visit www.HCBB.com

- The minor listed above is at least 16 years old.
- I have read and understand the information provided to me about blood donation.
- I understand that the minor listed above will answer confidential questions regarding their health history.
- I understand that samples of donated blood may be used in research.
- I understand that all donated blood is tested for ABO blood typing, syphilis, HIV (the virus that causes AIDS), West Nile Virus, hepatitis B and C, and other tests.
- Positive test results will be disclosed as authorized by law, and the donor (minor listed above) will be notified.
- In some cases, blood center staff may need to discuss test results with the donor (minor listed above).
- Per California law, it is the donor's (minor listed above) decision whether his/her parents/guardian are to be included in that discussion.
- I consent to blood donation by the minor listed above.

X _____
Signature of Parent/Guardian

Date

() _____

Telephone number where Parent/Guardian can be reached during or immediately after donation:

For more information regarding the donation process visit our website @ www.hcbb.com/Donate

information about donating blood

WHO CAN DONATE BLOOD?

In order to donate, you must be at least 17 years old or 16 years old with a parent or guardian consent (sign HCBB Parental Consent Form). If donating at a school site, Kern County High School District requires an additional consent from all students attempting to donate, regardless of age.

IS GIVING BLOOD SCARY?

It's natural to feel a little nervous about your first blood donation, but giving blood is safe and easy! You'll feel a quick pinch for a moment – a minor obstacle compared to the help you're offering a patient in need.

CAN I FIND OUT MY BLOOD TYPE?

Yes. After your first blood donation, you can access your blood type 7 days after your donation through our donor portal, which can be found on our website.

WHAT IS REQUIRED?

You must bring a photo ID with a date of birth along with the signed consent forms. Also, please bring a list of any medication you have recently taken and a list of places where you have traveled outside of the US.

IS GIVING BLOOD SAFE?

Yes. Sterile, single use, disposable needles are used only once for each donation. The only blood you are exposed to is your own.

WHAT CAN I DO TO PREPARE?

Sleep well, eat well (a healthy breakfast or lunch) and drink extra glasses of water or juice before donating.

HOW MUCH BLOOD DO THEY TAKE?

You will give about one pint of blood with each donation. For every 25 pounds of body weight, your body has about 2 pints of blood. For example, a 130 pound donor has 10.4 pints of blood. Your body replenishes the lost fluids within about 24 hours.

IS THE BLOOD SUPPLY SAFE?

Several measures ensure the safety of the blood supply: the use of volunteer blood donors, confidential medical history interview, and confidential testing for infectious diseases.

HOW OFTEN SHOULD I GIVE BLOOD?

You can give whole blood as often as every eight weeks (56 days).

DONATION PROCESS

1. Registration

2. Mini physical (vitals & fingerstick)

3. Health History Questionnaire

4. Blood Collection

5. Rest & Refreshments

THE FOLLOWING ARE POTENTIAL LIMITATIONS TO YOUR ELIGIBILITY TO GIVE BLOOD:

- **ACNE TREATMENT:** Some antibiotics for acne are acceptable, but wait one month after having taken Accutane, Amnesteem, Claravis, Sotret, Absorica, Myorisan, Zenatane or any other isotretinoin.
- **HIV/AIDS:** You cannot give blood if you are at high-risk of contracting HIV/AIDS. For a complete list of behaviors that disqualify people from giving blood because of high-risk for HIV/AIDS, please call (661)323-4222 or 1(877)364-5844.
- **ALLERGIES:** Antihistamines are acceptable. Allergy antigen injections are acceptable if over 24 hours.
- **PIERCINGS/TATTOOS:** As long as your piercing or tattoo was done using single-use equipment, as well as in a CA state licensed parlor, you are able to donate after 7 days.
- **DRUGS/ALCOHOL:** If you are addicted to drugs or alcohol, do not give blood. I.V. drug users are at great risk for hepatitis and HIV/AIDS and may not give blood.

AFTER DONATION

If the donor experiences light headedness or fainting:

- Lie down and elevate legs
- Apply cool compresses to neck & forehead
- Avoid becoming overheated
- Increase non-caffeinated fluids
- When symptoms subside, eat a light meal

For any additional information or questions call (661) 323-4222 Toll Free (877) 364-5844